## Mrs. Paxton 6th Grade Peer Counseling

6th Grade Semester Course



### Class Objective

The purpose of this course is to enable students to further develop awareness of self and others. Emphasis will be on acquisition of intermediate level skills for thoughtful planning, peer facilitation, effective communication and making healthy choices.



#### Materials necessary for class each day:

Charged Chromebook

Earbuds

Pen or Pencil

AR Book





## Technology in the Classroom

- Suite 360
- Skyward
- Google CalendarGMail

 Throughout the week students will have opportunities to visit the Media Center to return and check out books along with time to AR read and test.



Make sure your Chromebook is charged each day.

Technology is Life!

#### Grades and Homework

- Classwork 100%
  - Suite 360 Lessons
  - Lesson Notes/worksheets
  - > Participation
  - Skyward Grade Checks and Reflection

Students will not be assigned homework. Students will need to use their time wisely in class to complete all assignments.

# Suite 360 Mental Health Lessons

- Stop the Stigma: The truth about Mental Health Conditions
- Awareness of Resources and the Process for Assessing Treatment
- Healthy Coping Tools for Teens
- Mental Health Awareness and Assistance
- Prevention of Self-Harming and Suicide
- You Can Help: Supporting Someone with a Mental Health Condition
- Child Trafficking Prevention
- Prevention of Substance misuse

# Peer Counseling with a blend of Study Hall

- Students will engage in learning activities to strengthen their study skills and social/emotional skills.
- Students should use good time management to work on or complete assignments for other core subjects with any remaining time in Peer Counseling class.
- Students will be required to evaluate their current grades in Skyward gradebook in order to set goals and solve any academic issues.



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